



Calgary Adult Bariatric Specialty Clinic

Clinic & Class Schedule

March, 2018

Calgary Adult Bariatric Specialty Clinic

2nd Floor
1820 Richmond
Road SW
Calgary, AB
T2T 5C7

Clinic Phone:
403-955-8088

Fax:
403-955-8634

Website:
calgarybariatric.ca

To enroll in a
class or group
you must be
a current
registered patient
of the clinic.



To the patients of the Calgary Adult Bariatric Specialty Clinic:

As many of you may have already heard, our surgeon Dr. Gill was in an accident. We are not at liberty to provide details as to protect the privacy of Dr. Gill and his family. What we can tell you is that Dr. Gill will not be seeing patients for some time. We are working hard to keep everything running as smoothly as possible. If you have testing or surgery scheduled with Dr. Gill these procedures will be rebooked with another surgeon.

If there are any changes to your appointments or surgery dates, you will be contacted by phone to be informed of these changes. Our hope is for a speedy recovery for Dr. Gill. We will do our very best to accommodate all of his patients the best we can. Thank you for your patience during this difficult time.

Surgeon Clinics:

March 2, 2018 – Dr. Debru
March 6, 2018 – Dr. Reso
March 13, 2018 – Dr. Mitchell (AM)/Dr. Debru (PM)
March 16, 2018 – Dr. Church
March 20, 2018 – Dr. Reso

Band Adjustments

For band adjustments contact 403-955-8088
Please note not all surgeons perform band adjustments.

Surgeon Clinic Changes

Surgeon clinic dates and times may change due to unforeseen circumstances. We will try to provide you with as much notice as possible if this happens. We appreciate your understanding if we need to call you to rebook your appointment with the surgeon.

Are you awaiting your surgery date?

If you have been approved for surgery and are awaiting your surgery date, please continue to meet with your healthcare team every 2 to 3 months. We will continue to work together to support your lifestyle changes and help you prepare for surgery. Call 403-955-8088 to book an appointment

Post-Surgery

You are required to attend post-surgery follow-up appointments for health and safety reasons. Your healthcare team takes your care seriously and we are a partner in your care.



Appointment cancelations and changes:

If you need to cancel or change an appointment please call the clinic at 403-955-8088 at least **48** hours in advance.

Classes And Groups:

All classes and groups are held in room #1076 on the main floor of Richmond Road Diagnostic & Treatment Centre. Please do not bring food and drinks to class; the only exception is water.



1. Over-Eaters Education Group

Emotional eating, binge eating or food addiction all mean turning to food for reasons other than hunger. This **4 week** group class will provide education and support to help you manage over-eating so you can better manage your weight. The group will be led by Dr. Jo Telfer.

March classes are currently FULL. To register for future classes call 403-955-8088.

2. Managing Changes in Body Image

Has your body image changed after bariatric surgery? Maybe you don't recognize yourself in the mirror. Perhaps you thought you would be ok with loose skin, but now you are not! Are the comments and attention from others irritating or welcomed? This class offers a chance to discuss changes in body image. It will also provide ideas on how to maintain a positive body image while on your weight management journey. This class is led by Dr. Jo Telfer and is intended for patients who have already had bariatric surgery.

Date: Monday June 4, 2018

Time: 5:30 pm – 7:30 pm

Location: Main floor classroom # 1076

Class for registered patients only

Call 403-955-8088 to register

3. Pre-Operative Support Group

Offered to patients who are waiting for surgery and have completed the Surgery Preparation Class.

Date: Tuesday April 17, 2018

Time: 6:00 pm – 7:30 pm

Location: Main floor classroom # 1076

Support Groups are for registered patients only

Call 403-955-8088 to register

4. Post-Operative Support Group

Offered to patients who have had bariatric surgery.

Date: Tuesday March 20, 2018

Time: 6:00 pm – 7:30 pm

Location: Main floor classroom # 1076

Support Groups are for registered patients only

Call 403-955-8088 to register



Subscription:

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