

Bariatric Surgery Information Worksheet

Please answer these questions after you have read the bariatric surgery information and viewed the videos on our website (www.calgarybariatric.ca under Bariatric Surgery) and bring this completed worksheet to your next appointment with your nurse, or return this completed worksheet by email or fax.

What type of surgery are you most interested in?

Why do you think that it is the best option for you?

How much weight do you think that you will lose with surgery?

How do you think surgery will affect the way you eat?

How do you plan to maintain your weight loss after surgery?

Please write down questions that you have about surgery to discuss with your nurse.
